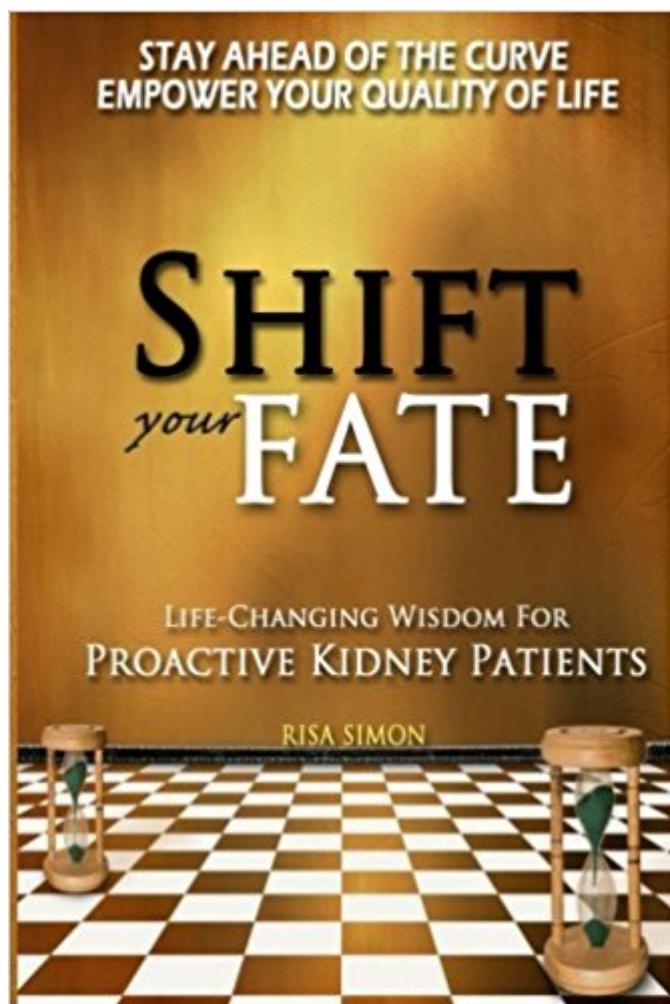


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# Shift Your Fate: Life-Changing Wisdom For Proactive Kidney Patients (Volume 1)



## Synopsis

(Book Update Revised July 2016). Get Off The Kidney Disease Conveyor Belt And Learn How To Get Your Best Shot At A Better Life! If it feels like you have no say over your future, or you've been told there's nothing you can do...Listen Up! You can do something and the time is now. As the CEO of your own body, you have the power to chart the ship • by becoming a contender in the biggest fight of your life - your best life! This book was written for those who want to shift their fate, end their wait and live their best life possible by securing a transplant from a living kidney donor. It's Time To Insist on a Destiny • Do Over! • Embrace this powerful resource as your how-to • companion & inspirational guide. If you hope to bypass dialysis before getting a transplant, (or you're already on dialysis, hoping to end your wait) Look no further. This book is for you! Risa Simon is a professional speaker, author, consultant, passionate advocate & patient coach. As founder/CEO for The Proactive Path and the TransplantFirst Academy, her educational curriculums and trailblazing strategies continue to inspire individuals with kidney disease to fight for their best shot at a better life. Today, Risa is living her best life ever. This is what she wants for you. More information: The highlight of Risa Simon's life was the day an unexpected, unrelated, living kidney donor offered to give her a kidney • and tests revealed a sister-like match. That day didn't come easy, and it might not have come at all, if she wasn't willing to become a proactive contender, competing for her best life possible. Risa knows all too well what it's like to be a kidney patient trapped in a hopeless sinkhole, worming its way to dialysis. As she watched her numbers decline, her emotions escalated. Like many patients, she felt paralyzed by her loss of control. Then, by a stroke of luck, she attended a kidney patient conference and experienced the most profound awakening of her life. This personal awakening empowered her to jump off the kidney disease conveyer belt and start proactively fighting for her best life possible. As told in this book, her transformative journey turned into a powerful platform of proactive strategies. Her intention was to create a plan that could help all those in need, not just herself. Today, Risa is living her best life ever. Her gratitude and unwavering resolve to help her book fans, clients and mentees compelled her to step away from a successful consulting and speaking career. Her vision was to fully immerse herself into the renal community. That's exactly what she did and she's never looked back. Her ultimate dream was to create a proactive platform to inspire patient empowerment through speaking engagements, coaching and mentoring. She also dreamed of starting a non-profit 501c3 organization that partnered with renal groups and transplant centers who wanted to advance educational curriculums and inspire their patients to seek a transplant before dialysis. Her dreams came to life after establishing the TransplantFirst Academy [www.TransplantFirst.org](http://www.TransplantFirst.org) and The

Proactive Path [www.TheProactivePath.com](http://www.TheProactivePath.com). On any given day, you'll find Risa advocating to empower kidney patients to seek better outcomes. Her unwavering commitment to help others is enthusiastically portrayed in her passionate obsession for this calling.

## **Book Information**

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## **Customer Reviews**

Risa Simon is a professional speaker, author, consultant, passionate advocate & patient coach. As founder/CEO for The Proactive Path and the TransplantFirst Academy, her educational curriculum's and trailblazing strategies continue to inspire individuals with kidney disease to fight for their best shot at a better life. Today, Risa is living her best life ever. This is what she wants for you.

Continue to receive amazing feedback from coaching clients and mentees. Love to get this book into more hands so more kidney patients can start living their best life possible. The life I now live! Blessings

I went through a pre-emptive kidney transplant over 3 1/2 years ago. I had no one to turn to, no advice on what to do, no message of hope and nothing to help with the panic I felt inside. I became a proactive kidney patient on my own because I had to, and made up my own steps as I went along. Luckily, I was blessed to find my donor, a friend from my ski club! After it was all over, I thought no one should have to go through that kind of an ordeal alone. HOW I WISH that I had read Risa's book then! She is not only a beacon of hope, but offers a step-by-step guide of all the things you can do to take control of your life. You must be proactive; it is the only way you will ever find a kidney. Her book would have made all the difference in the world for me. My journey would have been hard just

the same, but I would have had her on my night table and on my side. Read this book now and have her on your side too!

I have PKD and have been planning to go on dialysis at some point. It hadn't occurred to me that I could avoid dialysis and go right to transplant. Since reading this book, and sending copies to my perspective donor, my 'buddy' and my mentor, I now have a plan to get a kidney as soon as possible. This book answers a lot of questions and empowers the reader to move forward with confidence.

Whether you have CKD, or are currently on dialysis, this is the book for you! I feel so much more empowered now that I've read this book. The detailed descriptions are so much more than what a doctor can give in short visits plus now the information is right here at your finger tips rather than remembering what the doctor told you. I now have this book in my Kindle, and a hard copy. This is the one book that is written for the average person to read and understand. Get it!

I am suffering with PKD and this book has been a true inspiration for me. I have used many of the skills in my search for a healthy donor. The author Risa Simon tells it like it is no need to sugarcoat the realities of this terrible illness. You have two choices do nothing and die or read this book and become a warrior for your own cause.

This book is wonderful. It provides accurate information and true inspiration for people with chronic kidney disease. I love the way the content is presented. I am a nurse who does CKD education. I have ordered several copies to put in our lending library for patients. It is our best book by far. Love the way it empowers people to take control of their health and health care, as well as providing solid medical information. Thank you for writing this!

My sister who needs a transplant sent me this book. I'd like to be her donor but I'm too old, so I'd like to help her find one. Shortly after I read the book I had dinner with two doctors and one doctor's spouse, and the book gave me the courage to bring up in conversation the need for living donors. I could answer every issue they raised about being a living donor, based on what I'd learned from the book. An excellent resource for kidney patients and their family and friends.

PLEASE don't wait until you are at stage 5 kidney failure!!!The book is very informative and

heartfelt. Being a wife and mother of five, it was a revelation to make my health a priority. It gave me permission to be my BEST friend and to accept the gift of a living donor. I am very grateful for this book and to Risa Simon.

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